

PINOY PCOR BALITA

A quarterly publication of the "Mag-PCOR Muna Tayo" and Filipino American Research (FAR) Hub-projects



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Filipino American History: American Impact and Call for "Kapwa"

M. Danet Lapiz-Bluhm, PhD, RN, MSCI, ANEF, FAAN

October marks the celebration of the Filipino American History Month! The Filipino American History Month commemorates the first recorded presence of Filipinos in the continental United States (US). On October 18, 1587, "Luzones Indios" came ashore from the Spanish galleon Nuestra Senora de Esperanza and landed at what is now Morro Bay, California. In 2009, U.S. Congress recognized October as Filipino American History Month.

Since the U.S. annexation of the Philippines in 1898, Filipino migration to the US has occurred in several waves, reflecting close and enduring political, military, and economic ties between our two countries. The composition of new arrivals has shifted from mostly agricultural workers to family and economic migrants who work in a range of sectors including education, health care, hospitality, and manufacturing. Filipino Americans are reportedly the second largest Asian American group in the US. According to the 2021 U.S. Census Bureau's American Community Survey (ACS), approximately two million Filipino immigrants resided in the United States, more than 4 percent of all 45.3 million U.S. immigrants. Filipinos comprise the 4th largest immigrant group after Mexicans, Indians, and Chinese. Hence, about one in seven immigrants from Asia in the United States in 2021 is from the Philippines.

Considering our number, it behooves upon each of us to actively represent and advocate for Filipino concerns, especially those related to health. We keep our sense of "kapwa," our core value that reflects the collectivistic nature of our Filipino cultures where we see and care for others as if they were oneself. Our collective advocacy and connections can be impactful to improve patient outcomes, especially to those needing assistance and the uninsured.

At the FAPCORN (Filipino American Patient-Centered Outcomes Research Nasyon), our collective goal is to facilitate improvement of patient outcomes among the Filipinos in the U.S. We encourage every Filipino to engage and be part of FAPCORN.

Halika na! Sali na sa FAPCORN, Kapwang Filipino!



Las Vegas Celebration of Filipino American History Month

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Nevada Filipino American Patient-Centered Outcomes Nasyon or FAPCORN led the celebration of Filipino American History Month (FAHM) in Las Vegas. Las Vegas Channel 3 News featured the event.



Elizabeth de Leon- Gamboa being interviewed by 3News.

The Patient Advocate Leader (PAL) of NV FAPCORN, Elizabeth de Leon-Gamboa, organized the "Pinoy Pknik sa Park" (Filipino Picnic at the Park) for the FAMH for fun and a dose of fitness. The activities included education on "health cooking and healthy shopping" and "how one can make minimal changes to cardiovascular health." She also highlighted mental health and how Filipinos may have "hiya" (shame) in asking help. They partnered with the local chapter of NAMI, National Alliance on Mental Illness to help address this issue.

NV FAPCORN leads among the networks for its activities. All other FAPCORNs are encouraged to emulate their activities, i.e., community outreach, dissemination through presentations at conferences, funding applications. *Mabuhay ang NV FAPCORN!*



Healthy cooking demonstration.



QR Code for 3News article.
<https://tinyurl.com/27xbe6d6>

Community Leader Highlight

(Excerpted from Dr. Creswell's biosketch)



The Filipino American Patient-Centered Outcomes Nasyon (FAPCORN) network welcomes the newest member to our team, Dr. John Creswell. Dr. John Creswell has agreed to serve as consultant for Mixed Method Research Methodology for our grant application, "Kabalikang Para Sa PCOR," submitted for PCORI (Patient-Centered Outcomes Research Institute) funding under the Science of Engagement funding mechanism in May 2024.

Dr. Creswell is an expert and leader as an applied research methodologist. He is one of the founders in the methodology area of mixed methods research and a leading international expert. He is the founding co-editor of the Journal of Mixed Methods Research and have published 34 books (including multiple editions) on mixed methods, qualitative methods, and research design used around the world. These books and publications have resulted in approximately 1,005,000 citations and 61 translations of books. He served as an Endowed Professor Chair at the University of Nebraska-Lincoln, founding the first world-wide mixed methods research office. He has served as an "academic expert" at the VA Health Services Research Center in Ann Arbor, Michigan, and as a Visiting Professor in Medicine and Public Health at Harvard University in 2013. As a Senior Fulbright Specialist, he has been consulted on mixed methods research in South Africa (2008) and Thailand (2012). In 2014-2015, he served as President of the International Mixed Methods Research Association (MMIRA). In 2015, he joined the Department of Family Medicine at the University of Michigan as Co-Director of the Michigan Mixed Methods Research and Scholarship Program. He has 40 years of experience mentoring investigators. He has worked with universities in the Philippines.

The FAPCORN welcomes Dr. Creswell to the team!

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