

PINOY PCOR BALITA

A quarterly publication of the "Mag-PCOR Muna Tayo" and Filipino American Research (FAR) Hub projects

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Filipino American Research (FAR) Hub: Looking Back and Forward

M. Danet Lapiz-Bluhm, PhD, RN, MSCI, ANEF, FAAN

July 31 marks the completion of the current Patient-Centered Outcomes Research Institute (PCORI) funding for the Filipino American Research (FAR) Hub project. We look back the two years as having been a success. We accomplished all the goals of the project: expansion of the Filipino American Patient-Centered Outcomes Research "Nayon" (FAPCORN), dissemination the PCORI Research Fundamentals, and creation and dissemination of the FAR Educational Supplement (FARES). Aside from these milestones, what was apparent was the increased visibility of our project and our website, the Center for Filipino American Health, among Filipino communities. The Project Lead have been invited to present at local, regional, national, and international venues to share the activities and data from the project. Some Academic Research Collaborators (ARCs) and Patient-Advocate Leaders (PALs) have submitted grants to present the data at regional and national conference. Manuscripts have also been submitted or are in the works towards publication. Kudos to all!

As we look ahead, we will continue to promote PCOR among Filipinos to reach our long-term goal of creating a significant cohort of Filipinos who are willing to participate in research as equal partners! Help us in promoting our cause. *Mag-PCOR Muna Tayo!*



The Trailblazers: Nevada Filipino American Patient-Centered Outcomes Research "Nayon"

M. Danet Lapiz-Bluhm, PhD, RN, MSCI, ANEF, FAAN

As we are wrapping up the grant period for the FAR Hub, we congratulate the Filipino American Patient-Centered Outcomes Research "Nayon" (FAPCORN) and their leaders for moving forward PCOR among the Filipino community. Among the stars, the Nevada FAPCORN shines the brightest. The team (Dr. Elizabeth Eugenio, Elizabeth de Leon-Gamboa and Lindsey-Mae Ugali) were successful in having a spot for the NV Podcast Program, **FilipiNars**, in February 2023 where the host Doris Bauer questioned the team and the Project Lead (Dr. Bluhm) at length about the NV FAPCOR. The team also wrote an abstract which was accepted for presentation at the upcoming **AAPINA** (Asian American Pacific Islander Nurses Association) meeting in late August. Dr. Fildes had an audience with Senator Chuck Schumer's office who requested a copy of project's results! They created a NV FAPCORN banner and business cards to increase visibility and branding. They used these items during their FAPCOR NV Nayon launch at the June 10, 2023, Philippine Independence Day celebration in Nevada. The team's mantra: "*Kapit-kamay Para Magtagumpay!*" (Translation: Hand in hand for success!)

Thank you FAPCORN Nevada Team for all your heard work! You are truly trailblazers!



Filipino American Research Educational Supplement (FARES): Check It Out Now!

M. Danet Lapiz-Bluhm, PhD, RN, MSCI, ANEF, FAAN

As the FAR Hub grant period closes, FAPCORN leaders and stakeholders should note that our work towards improving patient-centered outcomes through research does not stop. Please do take time to visit our project website, Center for Filipino American Health (<https://filamhealth.org/>).

We specifically highlight resources within the FAR Hub page: **Research Fundamentals** (<https://filamhealth.org/research-fundamental/>). The Research Fundamentals include pages that links to the Patient-Centered Outcomes Research Institute (PCORI) Research Fundamentals and the Filipino American Research Education Supplement (FARES) modules.

FARES provides simple and culturally adapted information on research participation among Filipinos.

Currently, there are two versions of FARES: Eight (8) short modules of 1-2 minutes each or one (1) full length module about 12 minutes. Both are found here: <https://filamhealth.org/research-fundamental/fil-am-research-education-supplements/>. To watch and learn, simply choose the format of your liking, or check out both.

We welcome all feedback to improve our current resources. For a limited time, individuals who complete the FARES module (eight short or one full-length) will receive a **\$30 gift card** for completing the videos and providing feedback and/or a project shirt. Limited opportunity – *while supplies last!*

For questions, please reach out to us at: fil_am_pcor@gmail.com

For the **Feedback form**, use <https://forms.gle/WfdEqYpCakxprDm9> or scan the QR Code below:



COMMUNITY LEADER HIGHLIGHTS

Pilar Tanjuatco



Reglita Laput, MPH, BSN, RN
Academic Research Collaborator



Victoria Atillo, BSN, RN
Patient Advocate Leader

Filipino American Research (FAR) Hub is proud to highlight the leaders of the Michigan Filipino American Patient-Centered Outcomes Research Nasyon (FAPCORN)!

Reglita Laput, MPH, BSN, RN acts as the Academic Research Collaborator (ARC) of the Michigan FAPCORN together with **Victoria Atillo**, BSN, RN, the Patient Advocate Leader (PAL). Both also work together as officers and active members of the Philippine Nurses Association of Michigan (PNAM).

Ms. Reglita, former president of PNAM, currently serves as the director of clinical services in a home care agency and an advisory council member for the National Nurse- Led Consortium. After undergoing training as a nurse at the Cebu City Medical Center, Ms. Reglita obtained her Master's in Primary Health Care Management at the Asian Institute for Health and Development, Mahidol University, Salaya Campus, Thailand. She has since traveled to Japan and Indonesia supporting community health improvements.

Ms. Reglita continues her engagement in community activities pertaining to health as she believes that "life is fulfilling when you have served the community". She was the Project Director of PNAM for the project on Partnering for Vaccine Equity P4VE with CDC Foundation. The project focused on increasing vaccine equity among Asian Americans in Wayne, Oakland, and Macomb counties in Michigan. Ms. Reglita also serves and networks with the Council for Asian Pacific Americans (CAPA), receiving recognition for her contributions to the community with the Excellence in Community Service Award. Ms. Reglita hopes to improve the health conditions of communities with continued engagement through analysis of data-based research projects which will "act as a springboard for future health related activities and projects".

Ms. Victoria works as a registered nurse in a post anesthesia care unit (PACU). She also serves her community as a board member of Ang Bisaya of Michigan and as the secretary of PNAM.

Thank you to our MI FAPCORN Leaders!

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