



PINOY PCOR BALITA



A quarterly publication of the "Mag-PCOR Muna Tayo" and Filipino American Research (FAR) Hub projects

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Minority Group Classification Affects Research Funding for Asian Americans

M. Danet Lapiz-Bluhm, PhD, RN, MSCI, ANEF, FAAN

"Underrepresented minority population" is a key phrase that guides funding allocations by the federal government. For years, the National Institutes of Health (NIH) have determined that the following racial and ethnic groups are underrepresented in biomedical research: Blacks or African Americans, Hispanics or Latinos, American Indians or Alaska Natives, Native Hawaiians, and other Pacific Islanders, but not Asians. The question is: *How does this exclusion affect research among Asian Americans?*

The exclusion influences funding for Asia American research. [Doan et al. \(2019\)](#) report that NIH expenditures towards research for Asian Americans, Native Hawaiian, and Pacific Islanders (AA/NHPI) for the span of 26 years (1992 - 2018) have comprised a meager 0.17% of the total NIH budget. The proportion of the total NIH budget has increased from 0.12% before 2000 to 0.18% after 2000; 60.8% was awarded to research project grants compared with only 5.1% allocated to research career awards, training grants, and fellowships.

Limited AA/NHPI research has serious implications for the health of the communities, potentially worsening health disparities and health outcomes. The lack of human capital funding support for AA/NHPI researchers has significant ramifications for the future cadre of AA/NHPI researchers who can provide culturally congruent patient-centered outcomes research.

What can we do? Taxpayers fund the NIH. NIH funding priorities are mandated by the government. As US citizens, we have the right to determine who sits in the government. Therefore, here are two simple things we can do: 1) **Register to vote NOW**; and 2) **on November 2022, support candidates who prioritize AA/NHPI health and research in their platform**. Together, we can improve Filipino and AA/NHPI health through research!



Heads Up to FAPCOR Networks: Deployment of Research Fundamentals

M. Danet Lapiz-Bluhm, PhD, RN, MSCI, ANEF, FAAN



Every individual engaged in research would have undergone a training certification to ensure awareness and understanding of the issues associated with the endeavor. Three basic ethical principles underlie the conduct of biomedical and behavioral research: **respect for persons, beneficence, and justice**; these principles ensure the protection of human subjects of research.

In the same token, the Filipino American Research (FAR) Hub team advocates for training among participants of research. Through such training, individuals will have the knowledge about their roles, rights, and responsibilities as equal partners of research. To this end, the FAR Hub will be launching two opportunities for Filipinos to learn more about research participation: 1) Patient-Centered Outcomes Research Institute (PCORI) Research Fundamentals and 2) Filipino American Research Engagement Supplement (FARES). Links will be mailed to all previous FAPCOR "Nayon" leaders and stakeholders and will be available on our project website: Center for Filipino American Health (<https://filamhealth.org/>). **Stay tuned and participate!**



COVID information:

World Health Organization (WHO)
[COVID-19 FAQs](#)

Johns Hopkins University
[COVID-19 Global Tracker](#)

Centers for Disease Control and Prevention (CDC)
[COVID-19 Information](#)

Para Sa Ating Lahat! - PCORI Research Fundamentals

M. Danet Lapiz-Bluhm, PhD, RN, MSCI, ANEF, FAAN

The Filipino American Research (FAR) Hub proudly promotes the completion of the Patient-Centered Outcomes Research Institute (PCORI) Research Fundamentals. Filipinos new to health research or patient-centered research may have many questions. *What is patient-centered outcomes research? How does the research process work? How can I be an effective partner in a research study?*

[PCORI's Research Fundamentals](#) course answers those questions and more. It is designed to help understand the language and logic of the research process in an engaging and easy-to-grasp way. It can be taken on-demand (at your own pace) and available 24/7. The following are the video modules of the course:

- Engaging in Stakeholder-Driven Research
- **Module 1:** Developing Research Questions
- **Module 2:** Designing the Research Study
- **Module 3:** Planning Patient-Centered Consent and Study Protocols
- **Module 4:** Sampling, Recruiting and Retaining Study Participants
- **Module 5:** Understanding and Sharing Research Findings

All Filipino American Patient-Centered Outcomes Research (FAPCOR) "Nayon" networks are encouraged to promote the completion of the Research Fundamentals among its stakeholders. Let your creativity soar! Hold a PCORI Research Fundamental virtual meeting or in-person party and watch the modules together!

Filipinos who complete the PCORI Research Fundamentals will receive a study shirt. Please e-mail us: Fil.Am.PCOR@gmail.com or message us at our website: Center for Filipino American Health (<https://filamhealth.org/>) when you have completed the Research Fundamentals.



The FAR Hub t-shirt design

COMMUNITY LEADER HIGHLIGHTS

Deanna Garcia



Cora Munoz, PhD, RN



Cristina Garinger, DNP, RN, CCRN



Faith Jedlicka, BSN, RN

Filipino American Research (FAR) Hub is proud to highlight the leaders of the Ohio FAPCOR *Nayon*!

Dr. Cora Munoz is a professor emeritus and adjunct professor at Capital University. She is an author, academic scholar, consultant, national and international speaker, Fulbright Scholar, diversity trainer, health advocate, and a community worker.

Dr. Munoz is the founder of the Philippine Nurses Association (PNA) Central Ohio (PNACOH), where she serves as board member, and PNA Indiana. She is part of the Filipino American Society of Central OH. She is president of the OH Asian American Health Coalition and the Asian Festival Corporation. She served as vice chair of OH Commission of Minority Health and is a member of Advisory Council for Asian American Pacific Islander (AAPI) affairs. Both positions are governor-appointed.

Dr. Munoz is one of the Academic Research Collaborations (ARC) for OH FAPCOR *Nayon* and facilitated focus groups. Having a "number one interest [is] in research," she sees participation in FAPCOR as an "opportunity for a challenge and an opportunity to mentor younger researchers." Highlighting the need for research about Filipinos, she quipped, "We need information about Filipinos in the US, in general. There are not a lot of studies on the Filipino communities. I think if we have opportunities like this... we can yield sufficient robust information that will improve the impact and health of the Filipinos."

Dr. Cristina Garinger is the other ARC of OH FAPCOR *Nayon*. She is an adjunct professor at Mt. Carmel University and a Critical Care nurse at Trauma/Surgical ICU at The Ohio State University Wexner Medical Center. She completed her master's in nursing education at Capital University and her Doctorate at Chamberlain University. She was President of the PNACOH (2020-2022). She is active in community service and works closely with organizations like Filipino American Association in Dayton and Columbus, Asian American Coalition on Minority Health in OH, and OH Health Commission. She is also a critical care department Magnet representative at OSU.

Her community outreach is helping the Asian Community and the opioid epidemic. She led a COVID-19 testing and vaccination clinic during COVID-19 pandemic peak. She is currently the project director of the Local Conversation Round 3 in OH, working with the Asian American Coalition on Minority Health.

Ms. Faith Jedlicka currently works as a staff nurse at the Electrophysiology Lab at Grant Medical Center in Columbus, OH. She is the Vice-President of the PNACOH (2022-2024) and Chair of the Outreach and Policy and Procedure Committees. She is the OH FAPCOR *nayon* Patient Advocate Leader (PAL). Ms. Jedlicka accepted the *nayon* leadership to share with the Filipino community the importance of research in addressing the community's healthcare needs. She said, "I am hoping that my participation in the research will make an impact in addressing the current and future needs of the community in the US." She believes research is important among Filipinos because the "current research conducted in the US is not well represented by the different ethnicities. Filipinos are one of the growing populations in the US. When Filipinos participate in research, there will be a better understanding of our needs based on our beliefs and culture. As a result of this research, improved healthcare outcomes could be achieved for the community."

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